



# ALMONDSBURY CARE LIMITED

## Axbridge Court Nursing Home

Axbridge Court is a detached two storey former Edwardian cottage hospital (St. John's Cottage Hospital) with a more recent single storey rear and side flat roof extensions.

It is situated in the popular and historic town of Axbridge (population circa 1,800) and lies off the base of the Mendip Hills in a very attractive location. The well-known town of Cheddar with its famous Gorge lie two miles to the east and Bristol 17 miles to the northeast.

The Home is registered with the Commission for Social Care Inspection and has 36 Nursing beds although it can accommodate up to 8 residents requiring personal care.



The accommodation is laid out over ground and first floors. On the ground floor there are 16 good sized bedrooms (12 with en suite facilities and 4 with a sink in the room), five WCs, two assisted bathrooms, two sluice rooms, large lounge and dining rooms, a fully fitted commercial kitchen, preparation room, food store, treatment room, nursing station room, office and staff cloakroom. On the first floor are a further 16 large bedrooms (15 with en suite facilities and 1 with a sink in the room), an assisted WC, two assisted bathrooms and two sluice rooms. All baths and washbasins have thermostatic mixer valves fitted to avoid the possibility of scalding.

Nearby amenities are those expected in a local community and include shops, post office, doctors' surgery and churches of various denominations. Full NHS services are available including GP's, chiropodists, opticians and dentists. We also receive visits from such professionals as appropriate.

Transport can be arranged through a GP for some hospital appointments. If not, we can arrange transport and escort services, but this service will be charged for. It is encouraged therefore that relatives assist in this respect to avoid any unnecessary costs. We periodically arrange for a mini-bus with a wheelchair hoist. This enables our residents to enjoy outings to places of interest and visits to the theatre.

*"From the bottom of our hearts, we want to say thank you to yourself and all the staff for the loving tender care given to Geoff. He was a darling and deserved the best, and he got it. God bless you all."*

Jean and Nigel



### Primary Facilities & Services

- Qualified nursing staff on duty 24 hours a day
- Homely caring atmosphere
- Comfortable rooms all with en-suite facilities
- Nurse-call in all rooms
- Parker baths
- Local GP's available
- Meals cooked on premises
- Special diets catered for
- Laundry on premises
- Visiting dentist chiropodist and optician
- Passenger lift
- Central heating throughout
- Visiting hairdresser
- Self-contained gardens and patio areas
- No Smoking Policy
- Visiting unrestricted
- All religions accommodated
- Mini-bus arranged for outings
- Television point in all rooms

Axbridge Court accommodation includes 32 single bedrooms and 4 double bedrooms all of which are light, airy and tastefully decorated. Most bedrooms have ensuite toilet and washbasin facilities. Each bedroom is equipped with a television aerial point, nurse call, electric sockets, a mirror, bedside light and a shaver socket. All bedrooms have their own ventilation with at least one opening window. All windows on the first floor however have restricted openings to avoid accidents. Many of the bedrooms on the have attractive aspects and views and are accessed either by the two internal stairways or our 15 person passenger lift. Each bedroom has its own radiator protected by a suitable guard to avoid accidents.

The main lounge is very spacious and has a large screen television, video and music system. We also use this lounge area for resident's activities, entertainment and social gatherings. There is also a large separate dining room adjacent to our kitchen and where some residents prefer to eat their breakfast as well as main meals.

The Home benefits from carpeting and central heating throughout and as with the bedrooms all radiators are protected by a suitable guard.

We have four main bathroom areas and all of which benefit from either a Parker or assisted bath. All bathroom and toilet areas have suitable non-slip flooring.

Our garden and patio areas are particularly pleasant and can be easily accessed by residents.

A laundry service is also provided on the premises in our own laundry, which has modern and effective cleaning and drying facilities

Although all our bedrooms are fully furnished to a high standard, small items of furniture and other effects belonging to the resident may be brought into the home with Managers prior agreement.

Resident's must tell us about any electrical items that they bring into the Home and make sure that they are safe to use. If there is any doubt as to whether an item is safe, residents' should not bring it into the home until an electrician has tested it. Residents' can bring a television into the Home but are responsible for there own TV licence unless it is donated to the home in which case it will be covered by our own TV licence.

Telephones may be installed in individual bedrooms. The resident will be responsible for the installation, rental and any other charges incurred Mobile phones are permitted.

Wheelchairs, walking frames and other equipment are available and residents needs will be assessed by the Manager. Lifting hoists are available for use by our care staff as appropriate to the needs of each resident.

The Home employs its own cleaning and maintenance staff.

Fire precautions at the Home are comprehensive including, smoke detectors, emergency lighting, fire extinguishers and automatic fire doors. The Home is inspected independently by the local fire brigade and complies with current practice.

## **Staffing**

Full personal nursing care is the core provision at Axbridge Court. Our staff are specifically trained in the care of the elderly. The right attitude to caring is regarded to be of primary importance in the selection of all our staff. Staffing level guidelines are followed, as set by the Commission for Social Care Inspection (CSCI). A qualified nurse is on duty 24 hours a day.

## **Visiting**

Visiting is as unrestricted as possible at the home. Family and friends are encouraged to visit as often as they can. Occasional meals can be provided although there may be a small charge.

## **Catering**

Meals are cooked at the home and there is a varied and well balanced menu. Special diets and preferences can be catered for and pride is taken in providing traditional and wholesome meals.

## **Health Care and Spiritual Support**

Full National Health Services are available including General Practitioners, Chiropodists, Opticians and Dentists as required. There are various religious denominations in Axbridge and Cheddar, some of which visit the home periodically.

## **Personal Possessions**

Although all our bedrooms are fully furnished to a high standard, small items of furniture and other effects belonging to the resident may be brought into the home with Matrons prior agreement.

## **Fees**

Fees are determined following an assessment of each resident's specific needs by our Manager/ Matron. Fees cover all care and accommodation costs including food and laundry. Referrals from Social Services are also welcome.

# Philosophy of Care

## AIMS OF THE HOME

**To provide personal and nursing care, including Registered Nurse Care to residents of both sexes, over the age of 65. Although we specialise in longer-term nursing care we can accommodate residents requiring respite. To foster an atmosphere of care and support which both enables and encourages our residents to live as full, interesting and independent a lifestyle as possible with rules and regulations being kept to a minimum.**

## OUR QUALITY POLICY

**Axbridge Court Nursing Home is committed to providing quality services for residents by caring, competent, well trained staff in a homely atmosphere.** This will be achieved by:

- a. Staff development programme.
- b. Recruitment of staff who share our values and will create a homely atmosphere.
- c. Providing such resources as may be required to ensure that training takes place and is effective.

**Our Home will provide services based upon consultation and assessment of the residents' needs.** This will be achieved by:

- a. Listening to staff, residents and others with an interest in the Home.
- b. Ensuring that assessments are made which balance risks and needs.
- c. Promoting a level of responsible risk-taking in daily living activity.
- d. The operation of an effective care planning system.

**Our Home will involve residents in the planning and review of the services that are provided for them to ensure that their needs are met.** This will be achieved by:

- a. Enabling and empowering residents to influence the services provided in the Home by giving each resident a real say in how services are delivered.
- b. Encouraging residents to become involved in all decisions which are likely to affect them, either now or in the longer term.

**Our Home will consult people about their satisfaction with the service and suggestions for improvement.** This will be achieved by:

- a. Residents' consultation and satisfaction surveys.
- b. Residents' and staff meetings.
- c. Management review of our Quality Management System.

**Our Home will provide catering services which meet the expectations of residents.** This will be achieved by:

- a. Planned, structured menus which include residents' wishes, choices and preferences.
- b. Menus which are nutritionally balanced, and where necessary formulated by a dietician.
- c. Menus which allow residents to change their food choices.

**Our Home will ensure that residents are fully informed about all matters which might affect their well-being.** This will be achieved by:

- a. Residents' meetings.
- b. Keyworker support.
- c. Provision of notice boards or other displays which inform residents.

**Our Home will afford all residents and staff an equality of opportunity in respect of living or working in the Home.**

This will be achieved by an Equal Opportunities Policy.

**Our Home will ensure that the Home is a safe and secure place to live.** This will be achieved by:

- a. Ensuring that the physical environment meets all Health and Safety standards.
- b. Providing each resident with their own room door key unless there are agreed reasons for not doing so.
- c. Providing each resident with a safe and secure place to store their valuables.

**Our Home will offer a range of social activities which meet the needs of the residents.** This will be achieved by:

- a. Ensuring that activities are offered to each resident which are appropriate to their needs, abilities or expressed wishes.
- b. Ensuring that the Home considers their social, spiritual, cultural, emotional and physical needs in the services it offers to residents.
- c. Ensuring that residents feel comfortable to decline any or all of the activities offered by the Home.



## OUR RESIDENTS CHARTER

- The right to care for yourself as far as you are able.
- The right to take personal responsibility for your own actions and expect all staff to accept that a degree of risk is involved.
- The right to personal privacy at all times and a right to lock your own room door.
- The right to invite whoever you choose into your room.
- The right to independence.
- The right to have your dignity respected and to be treated as an individual.
- The right to receive an anti-discriminatory service which is responsive to your race, religion, culture, language, gender, sexuality, disability and age.
- The right to live your chosen lifestyle.
- The right of access to your own personal records and information relating to decisions made with all staff that affect your life, and where necessary to be assisted with this.
- The right to take an active part in any decisions about daily living arrangements that affect your life.
- The right of access to outside agencies of your choice e.g. doctor, optician, chiropodist etc., and where necessary to be assisted with this.
- The right to look after your own medicines.
- The right to control your own finances, if you are able to do so.
- The right to make personal life choices such as what food you eat and what time you get up and go to bed.
- The right to be involved in your own care plan and be involved in any formal reviews of your needs, which take place at regular intervals.
- The right to access a formal complaints procedure and to be represented by a friend, relative or adviser if necessary.
- The right to participate in voting at elections.
- The right to enjoy a smoke free environment.

## CONTACT DETAILS

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### **Registered Manager**

Sandy Crossey RGN



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