



ALMONDSBURY CARE LIMITED

Belmont House Nursing Home

Belmont House is a Registered Nursing Home, providing care for people with dementia and long-term mental health problems.

The House originally opened in 1992 as a 26-bed home. Following extensive refurbishment of the existing building in 1997, registration was increased to 40 nursing beds.

Belmont House is a substantial town house with a modern extension located in Love Lane, Bodmin. The home enjoys an elevated position overlooking the town and is in a pleasant residential area.



The accommodation includes 24 single and 8 double bedrooms that are light, airy and tastefully decorated. All bedrooms have washbasin facilities. Each bedroom is equipped with a television aerial point, nurse call, multiple electric sockets, a mirror and bedside light. All bedrooms have their own ventilation with at least one opening window. All windows on all floors however have restricted openings to avoid accidents. The bedrooms on all floors are accessed either by the internal stairways or our 12-person passenger lift. Each bedroom is centrally heated with low surface area temperature radiators for safety.

Nearby amenities include shops, post office, doctors' surgery and churches of various denominations. Full NHS services are available including GP's, chiropodists, opticians and dentists. We also receive visits from such professionals as appropriate.

Transport can be arranged through a GP for some hospital appointments. If not, we can arrange transport and escort services, but this service will be charged for. It is encouraged therefore that relatives assist in this respect to avoid any unnecessary costs. We periodically arrange for a mini-bus with a wheelchair hoist. This enables our residents to enjoy outings to places of interest and visits to the theatre.

Thank you for all the care which you gave to my Mum, Ella, whilst she was at the home. To know that she was comfortable and well looked after by caring staff meant a great deal to me.

Heather



Primary Facilities & Services

- Qualified nursing staff on duty 24 hours a day
- Homely caring atmosphere
- Comfortable rooms
- Nurse-call in all rooms
- Showers
- Local GP's available
- Meals cooked on premises
- Special diets catered for
- Laundry on premises
- Visiting dentist chiropodist and optician
- Passenger lift
- Central heating throughout
- Visiting hairdresser
- Self-contained gardens and patio areas
- No Smoking Policy
- Visiting unrestricted
- All religions accommodated
- Mini-bus arranged for outings
- Television point in all rooms

Belmont House has 3 lounges. The main lounge is very spacious and has a large television, video and music system. A selection of reading materials are also available and we have regular visits from a mobile library. We also use this lounge area for residents' activities, entertainment and social gatherings. The other lounges are smaller and more peaceful and are sometimes used for private meetings with friends and relatives.

There is also a separate dining room adjacent to our main lounge, where most residents prefer to eat their main meals. The Home benefits from carpeting and central heating throughout and as with the bedrooms all radiators are low surface temperature for safety.

We have six bathroom areas, two of which have shower facilities. All bathroom and toilet areas have suitable non-slip flooring and the main baths have mechanical hoists fitted for use as appropriate.

All hot water taps in bathrooms have thermostatic valves to prevent scalding.

Our secure and enclosed garden and patio areas are particularly pleasant and can be easily accessed by residents.

A laundry service is also provided on the premises.

Although all our bedrooms are fully furnished to a high standard, small items of furniture and other effects belonging to the resident may be brought into the home with Managers prior agreement.

Residents must tell us about any electrical items that they bring into the Home and make sure that they are safe to use. If there is any doubt as to whether an item is safe, residents' should not bring it into the home until an electrician has tested it. Residents' can bring a television into the Home but are responsible for their own TV license unless it is donated to the home in which case it will be covered by our own TV license.

Telephones may be installed in individual bedrooms. The resident will be responsible for the installation, rental and any other charges incurred, mobile phones are permitted.

Wheelchairs, walking frames and other equipment are available and residents' needs will be assessed by the Manager. Lifting hoists are available for use by our care staff as appropriate to the needs of each resident.

The Home employs its own cleaning and maintenance staff.

Fire precautions at the Home are comprehensive including, smoke detectors, emergency lighting, fire extinguishers and automatic fire doors. The Home is inspected independently by the local fire brigade and complies with current practice.

Staffing

Full personal nursing care is the core provision at Belmont House. Our staff are specifically trained in the care of the elderly. The right attitude to caring is regarded to be of primary importance in the selection of all our staff. Staffing level guidelines are followed, as set by the Commission for Social Care Inspection (CSCI). A qualified nurse is on duty 24 hours a day.

Visiting

Visiting is as unrestricted as possible at the home. Family and friends are encouraged to visit as often as they can. Occasional meals can be provided although there may be a small charge.

Catering

Meals are cooked at the home and there is a varied and well-balanced menu. Special diets and preferences can be catered for and pride is taken in providing traditional and wholesome meals.

Health Care and Spiritual Support

Full National Health Services are available including General Practitioners, Chiropodists, Opticians and Dentists as required. There are various religious denominations in Bodmin, and they visit the home regularly.

Personal Possessions

Although all our bedrooms are fully furnished to a high standard, small items of furniture and other effects belonging to the resident may be brought into the home with Matrons prior agreement.

Fees

Fees are determined following an assessment of each resident's specific needs by our Manager/ Matron. Fees cover all care and accommodation costs including food and laundry. Referrals from Social Services are also welcome.

Philosophy of Care

AIMS OF THE HOME

To provide personal and nursing care, including Registered Nurse Care to residents of both sexes, over the age of 65. Although we specialise in longer-term nursing care we can accommodate residents requiring respite. To foster an atmosphere of care and support which both enables and encourages our residents to live as full, interesting and independent a lifestyle as possible with rules and regulations being kept to a minimum.

OUR QUALITY POLICY

Belmont House Nursing Home is committed to providing quality services for residents by caring, competent, well-trained staff in a homely atmosphere.

This will be achieved by:

- Staff development programme.
- Recruitment of staff who share our values and will create a homely atmosphere.
- Providing such resources as may be required to ensure that training takes place and is effective.

Our Home will provide services based upon consultation and assessment of the residents' needs.

This will be achieved by:

- Listening to staff, residents and others with an interest in the Home.
- Ensuring that assessments are made which balance risks and needs.
- Promoting a level of responsible risk-taking in daily living activity.
- The operation of an effective care planning system.

Our Home will involve residents in the planning and review of the services that are provided for them to ensure that their needs are met.

This will be achieved by:

- Enabling and empowering residents to influence the services provided in the Home by giving each resident a real say in how services are delivered.
- Encouraging residents to become involved in all decisions that are likely to affect them, either now or in the longer term.

Our Home will consult people about their satisfaction with the service and suggestions for improvement.

This will be achieved by:

- Resident consultation and satisfaction surveys.
- Resident and staff meetings.
- Management review of our Quality Management System.

Our Home will provide catering services which meet the expectations of residents.

This will be achieved by:

- Planned, structured menus that include residents' wishes, choices and preferences.
- Menus that are nutritionally balanced, and where necessary formulated by a dietician.
- Menus that allow residents to change their food choices.

Our Home will ensure that residents are fully informed about all matters which might affect their well-being.

This will be achieved by:

- Resident meetings.
- Keyworker support.
- Provision of notice boards or other displays which inform residents.

Our Home will afford all residents and staff an equality of opportunity in respect of living or working in the Home.

This will be achieved by an Equal Opportunities Policy.

Our Home will ensure that the Home is a safe and secure place to live.

This will be achieved by:

- Ensuring that the physical environment meets all Health and Safety standards.
- Providing each resident with their own room door key unless there are agreed reasons for not doing so.
- Providing each resident with a safe and secure place to store their valuables.



OUR RESIDENTS CHARTER

- The right to care for yourself as far as you are able.
- The right to take personal responsibility for your own actions and expect all staff to accept that a degree of risk is involved.
- The right to personal privacy at all times and a right to lock your own room door.
- The right to invite whoever you choose into your room.
- The right to independence.
- The right to have your dignity respected and to be treated as an individual.
- The right to receive an anti-discriminatory service which is responsive to your race, religion, culture, language, gender, sexuality, disability and age.
- The right to live your chosen lifestyle.
- The right of access to your own personal records and information relating to decisions made with all staff that affect your life, and where necessary to be assisted with this.
- The right to take an active part in any decisions about daily living arrangements that affect your life.
- The right of access to outside agencies of your choice e.g. doctor, optician, chiropodist etc., and where necessary to be assisted with this.
- The right to look after your own medicines.
- The right to control your own finances, if you are able to do so.
- The right to make personal life choices such as what food you eat and what time you get up and go to bed.
- The right to be involved in your own care plan and be involved in any formal reviews of your needs, which take place at regular intervals.
- The right to access a formal complaints procedure and to be represented by a friend, relative or adviser if necessary.
- The right to participate in voting at elections.
- The right to enjoy a smoke free environment.

CONTACT DETAILS

Belmont House Nursing Home

Love Lane
Bodmin
Cornwall
PL31 2BL

Telephone

01208 75057

Fax

01208 78836

Email

belmont@almondsburycare.com

Registered Manager

Paul Seels RMN



**ALMONDSBURY
CARE LIMITED**

Registered office
21 High Street, Keynsham
Bristol, BS31 1DP
No. 02803393